



Enjoy Fresh
Local Apples
This Month!

Washington Caldwell Lunch Menu

Fresh Vegetable Choices and Seasonal Fruits are Offered Daily
on the Fruit & Vegetable Bar

October
2018

MONDAY

Child Health Day

1

Hamburger with Toppings

Turkey BLT Wrap

California Blend Vegetable

TUESDAY

Turkey Nachos Supreme

Corn Dog

Spicy Pinto Beans

WEDNESDAY

Salisbury Steak in Gravy
with Sliced French Bread

Hot Turkey Sandwich

Mashed Potatoes
and Gravy
****Cookie****

THURSDAY

National Taco Day

Chicken Soft Taco
Lettuce, Tomato, Cheese

BBQ Pulled Pork on a Bun

Mexican Street Corn

FRIDAY

National Pizza Month

Cheese Pizza

Chef Salad

Caesar Salad

8

Pancakes
Strawberry Topping
Hard Boiled Egg
Ham, Egg & Cheese on English
Muffin

Breakfast Potato Casserole

HOM: Pear

Roast Pork & Gravy

Crispy Chicken Nuggets

Cornbread
Mashed Potatoes
Cranberry Pear Salad

10

BBQ Chicken Sandwich

Philly Flatbread

Firenze Corn Salad

Great Apple Crunch

Cheeseburger on Bun

Roasted Hot Dog on a Bun

Baked Beans
Apple Crisp

12

No School

15

School Lunch Week

Beef Chili
in a Bread Bowl

Mini Corn Dogs

Seasoned Ranch Wedges

16

Crispy Chicken Tenders

Roast Turkey & Gravy

Mashed Potatoes
Whole Grain Dinner Roll

17

Cheese Bread with Marinara

Southern Chicken Biscuit

Garlic & Herb Broccoli
***Rice Krispie Treat**

18

Beefy Nachos with Cheese

Chicken Bacon Ranch Melt

Refried Beans

19

Roasted Hot Dog on a Bun
Baked Beans

Hamburger on a Bun

Fruit Salad

22

Build Your Own Sub
Kettle Potato Chips

Yogurt Pak with Pretzel Bites

Chocolate Ice Cream

23

Chicken Fajitas

Pizza Dippers w/ Marinara

Black Beans

24

Ravioli with Meat Sauce
French Bread

Chef Salad

Green Beans

25

All American Burger Basket

Chicken Nugget Basket
Whole Grain Dinner Roll

Golden French Fries

26

National Pretzel Month

Cheese Pizza

Chicken Caesar Salad

Carrot Coins
Chocolate Covered Pretzel

29

Sweet & Sour Chicken
Brown Rice

Chicken Caesar Wrap

Green Peas

30

Lasagna Rollup with Sauce
Garlic Toast

Crispy Chicken Sandwich

Caesar Salad

31

HOM: Beet

Creamy Chicken Enchilada

Roasted Hot Dog on a Bun

Spicy Pinto Beans
Chocolate Beet Cake



Prices

Regular	\$3.15
Reduced	\$0.40
Adult	\$3.75
Milk	\$0.40
Extra Entree	\$2.25

HARVEST OF THE MONTH



EXTRA INFO

Lunch includes a choice of 1% white, skim, or chocolate milk.

Entrée salads are served with dinner rolls.
For questions or comments, please contact
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4522 or email
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