



Don't forget to eat your vegetables!

Washington-Caldwell School Lunch Menu

Fresh Vegetables and Seasonal fruits are offered daily at the Garden Bar

May 2019

MONDAY



TUESDAY



WEDNESDAY

THURSDAY

FRIDAY



1
Hot Turkey Sandwich
Mashed Potatoes
Gravy

Chicken Patty Sandwich
Mashed Potatoes
Yogurt Pak with Bagel
Garden Bar

2
Carnita Nachos
Baked Beans

Mini Corn Dogs
Baked Beans
Yogurt Pak with Bagel
Garden Bar

3
Pepperoni Pizza
Green Peas

Fish Sandwich with Cheese
Green Peas
Yogurt Pak with Bagel
Garden Bar

6
French Toast Sticks
Syrup
Sausage Patty
Tator Tots

Cheeseburger on Bun
Tator Tots
Yogurt Pak with Bagel
Garden Bar

7
HOM Asparagus
Popcorn Chicken Bowl
Biscuit
Roasted Asparagus

Italian Stromboli
Roasted Asparagus
Yogurt Pak with Bagel
Garden Bar

8
National BBQ Month
BBQ Pulled Pork Sandwich
Golden French Fries

Chicken Patty Sandwich
Golden French Fries
Yogurt Pak with Bagel
Garden Bar

9
Beef Nachos
Refried Beans

Pigs in a Blanket
Refried Beans
Yogurt Pak with Bagel
Garden Bar

10
HOM Rhubarb
Pizza Dippers w/ Pizza Sauce
Corn

Crispy Chicken Nuggets
Goldfish Crackers
Corn
Yogurt Pak with Bagel
Garden Bar

Rhubarb Muffin

13
Sweet n Sour Chicken Bites
Brown Rice
Roasted Broccoli

Hamburger on a Bun
Roasted Broccoli
Yogurt Pak with Bagel
Garden Bar

14
Italian Meatball Sub
Steamed Carrots

Crispy Chicken Tenders
Bread Stick
Steamed Carrots
Yogurt Pak with Bagel
Garden Bar

15
Chocolate Chip Day
Roast Turkey & Gravy
Mashed Potatoes

Cheese & Pepperoni Flatbread
Mashed Potatoes
Yogurt Pak with Bagel
Garden Bar

Chocolate Chip Cookie

16
Walking Taco
Corn

Roasted Hot Dog on a Bun
Corn
Yogurt Pak with Bagel
Garden Bar

17
National BBQ Month
Cheese Pizza
Roasted Cauliflower

BBQ Rib Sandwich
Roasted Cauliflower
Yogurt Pak with Bagel
Garden Bar

20
National BBQ Month
Egg Patty
Brekkie
Sausage Patty
Hashbrown Potatoes

BBQ Meatball Sub
Hashbrown Potatoes
Yogurt Pak with Bagel
Garden Bar

21
Chicken Alfredo w/Pasta
Roasted Broccoli

Crispy Chicken Nuggets
Bread Stick
Roasted Broccoli
Yogurt Pak with Bagel
Garden Bar
Roasted Broccoli

22
Sack Lunch
Pizza Munchable
Baby Carrots
Fresh Apple
Kettle Potato Chips

Chicken Patty Sandwich
Baby Carrots
Fresh Apple
Kettle Potato Chips

23
Chicken Nachos
Corn

Mini Corn Dogs
Corn
Yogurt Pak with Bagel
Garden Bar

24
National BBQ Month
Pizza Dippers w/ Pizza Sauce
Glazed Carrots

BBQ Pulled Pork on Ciabatta
Glazed Carrots

Yogurt Pak with Bagel
Glazed Carrots
Garden Bar

27
No School
Happy Memorial Day!
Thank You Veterans!

28
Spaghetti & Meatballs
Green Beans

Crispy Chicken Nuggets
Goldfish Crackers
Green Beans
Yogurt Pak with Bagel
Garden Bar

29
Sloppy Joe on a Bun
Golden French Fries

Chicken Patty Sandwich
Golden French Fries
Yogurt Pak with Bagel
Garden Bar

30
Chicken Fajitas
Baked Beans

Corn Dog
Baked Beans
Yogurt Pak with Bagel
Garden Bar

31
No Lunch
PTO Cookout, No Lunch

PRICES

Regular	\$3.15
Reduced	\$4.00
Adult	\$3.75
Milk	\$4.00
Extra Entree	\$2.25



EXTRA INFO

Milk choice of 1%, Skim or Chocolate Skim is included with lunch. Questions or comments contact Hugh McGowan FSD at 262-971-1790 x 4522 or hugh.mcgowan@muskegonorway.org

